



## Day of Relationships Message from Sri AmmaBhagavan

Namaste !!!

“ The growing inability to live as a family, to feel for each other and to connect to each other is a world-wide crisis. It is a relationship crisis. The crisis of our present day civilization is not so much biological as it is psychological.

Our sense of separation having become too strong, life has become a battle for significance and a struggle for identity. The struggle to be a ‘somebody’, even at the expense of others and at the cost of hurting others is a very unhealthy sign. People destroy themselves emotionally, spiritually and physically. It is a disease and is most reflected in families today.

Unless the family is held intact, individuals would go to pieces. They would miss a mother’s care, a father’s attention and a partner’s love. Loneliness and loss of identity would eat into them. To escape from loneliness and the fear of being a nobody, people pursue destructive paths. This would ultimately lead to the breakdown of the individual and the fragmentation of society and civilization itself.

Though the world is heading in this direction; all is not lost. There is an immense possibility for humanity to awaken into a new state of consciousness. There is a beautiful window opening up for humanity to make a giant leap in consciousness; that is - Awakening. When you are awakened you automatically start experiencing everything around you including your relationships. You feel a greater sense of connection to all people and all things.

Emotional hurts are hard to sustain because awareness keeps Consciousness empty; ready for a fresh experience. Life this way is so ordinary that it is extraordinary. You would begin to realize, this is how you always had been.”-.....

Sri AmmaBhagavan

As cited from <http://www.facebook.com/l/8266e;www.onenessuniversity.org/>, on 08th June,2010.

AmmaBhagavan Sharanam